

Post Anesthesia Care Training in Cameroon

Mbingo Baptist Hospital (MBH) is seeking nursing educators to teach a course in post anesthesia care to Cameroonian nurses. Training would include classroom didactics as well as bedside instruction in a current busy PACU setting. Class size would be limited to 24 students, and the course would run 1-2 months, depending on the curriculum and availability of instructors.

MBH is a 300 bed major referral hospital in the Northwest Region of Cameroon, and host to post-graduate African physician residency programs in general surgery and internal medicine specialty training. The surgical training encompasses some component of all surgical subspecialties, including trauma, surgical obstetrics and gynecology, pediatric surgery, urology, neurosurgery, oncology, non-cardiac thoracic, and peripheral vascular surgery. MBH has separate services for ENT, orthopedics, and plastic/reconstructive surgery, and a one year fellowship in Head and Neck surgery. The hospital has 10 operating rooms, a 7 bed ICU, and an endoscopy suite separate from the operating rooms.

MBH is one of five hospitals doing major surgery, and an extensive network of out-patient health centers that are operated under the Cameroon Baptist Convention (CBC) Health Board. Health care demand has seen explosive growth in a country where need far outpaces capacity in almost every area of health care. MBH is doing very complex surgical cases often unavailable in other parts of the country. But good surgery requires good postoperative care. Trained PACU nurses are difficult to find in Cameroon, and the CBC would like to train some of its own. MBH has trained operating room nurses and technicians and ICU nurses, and has run one inaugural PACU nursing course in 2017.

Ideally we would like to run this course every year. Good classroom facilities are available with the basic curriculum developed in 2017. Free housing for instructors would be provided on the hospital compound, but much of the travel and personal expenses would be borne by the instructors. Mbingo is a beautiful place located in the mountains near the regional center of Bamenda.

Any experienced PACU nurse with an adventurous heart and a passion to teach and change lives may contact me for more details at jimbrownjab@gmail.com, or telephone 237-673-148-882.

Most sincerely yours,

Jim Brown, MD, FACS
Chief of Surgery and Surgical Residency Program Director
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